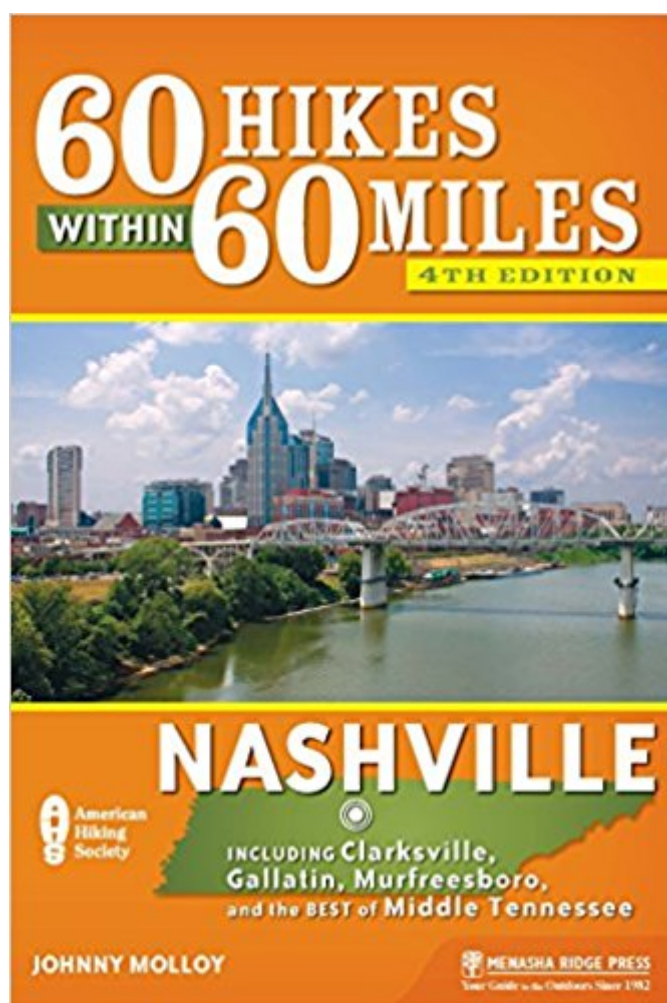


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60 Hikes Within 60 Miles: Nashville: Including Clarksville, Gallatin, Murfreesboro, And The Best Of Middle Tennessee



Synopsis

Nashville is best known as the capital of country music, but located in the Cumberland River Valley surrounded by hills of the Highland Rim, the middle Tennessee city is also home to a great variety of hiking trails. With new hikes and updated maps, trailhead directions, and photos, the new edition of *60 Hikes Within 60 Miles: Nashville* by veteran Tennessee outdoorsman Johnny Molloy gives outdoor enthusiasts plenty of hikes to choose from. From historical hikes such as the Gordon House and Ferry Site Walk and the Confederate Earthworks Walk to great recreational trails like the Anderson Fitness Trail and the Couchville Lake Loop, hikers of all ages and fitness levels will find a trail to their liking within a short drive from home.

Book Information

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Customer Reviews

Johnny Molloy is an outdoor writer who averages more than 100 nights in the wild per year backpacking throughout the U.S. He has written more than 30 outdoor guidebooks and articles for magazines and websites. Visit him on the Web at johnnymolloy.com. He lives in Johnson City, TN.

The go-to source for hiking in the Nashville area gets a nice update for its fourth edition, including several new destinations and trail changes (see below for the list of changes). The changes are largely a testament to local recognition of outdoor recreation opportunities as one of the factors that make Middle Tennessee such a liveable area and attractive travel destination. Especially noteworthy are Nashville's ongoing parks and greenways expansion and Tennessee State Park's

commitment to creating a compelling hiking destination at Henry Horton State Park. Middle Tennessee needs no introduction as a beautiful natural landscape: rolling hills, lush farmland, peaceful woods, tumbling creeks, lovely lakes. Johnny Molloy catalogs the plethora of trails within a 90 minute drive or so of downtown, with a great eye for detail and history. His conversational prose gives natural and historical context to the hikes. The hike selection found here definitely hits the highlights of the area, and completing them all is a satisfying accomplishment. My favorites in the guide are Radnor Lake (for a real challenge, hit Ganier Ridge and South Cove Trail in one quad-busting loop), Harpeth Woods Trail, Confederate Earthworks Walk, Narrows of the Harpeth, Short Springs Natural Area, and Rock Island State Park. Hikes that have been removed since the Third Edition: -Anderson Road Fitness Trail, an overused, mediocre path through a pleasant setting that pales in comparison with the many other Percy Priest Lake trails. -Lakeside Trail, a fun, pretty trail that is just not quite as nice as the nearby Jones Mill Trail. -Pinnacle Trail, same comment as for the Lakeside Trail. -Burns Branch There-and-Back, a formerly fantastic trail that isn't the same as it was before TN-840 was built across it. -Horseshoe Trail, a nice walk in the woods, but not as satisfying as the other Bowie Nature Park offerings. -Barfield Wilderness Loop, a place that I am fond of and have hiked many times; sadly, this nice little hike is a victim of the growth of fine outdoor areas. Added: -Richland Creek Greenway: McCabe Loop, a hike that I have yet to do but have heard great things about. Yay for a new one on my to-do list! -Heritage Park/Thompson's Station Park Hike, which I've hiked more than any other trail in this book thanks to its proximity to my house. A fantastic hike for its natural setting, sweat-inducing hill climb, and historical interest. -Adeline Wilhoite River Trail, a lovely riverside hike that showcases the beauty of the Duck River. -Hickory Ridge Trail, formerly a cute little trail but lengthened into a real gem in 2014. The trail passes through hardwoods, interesting geological features, and a fascinating tree shaped into a directional sign by Native Americans. -Smith Park Hike, a new gem of a park in Brentwood that is both surprisingly lovely and surprisingly challenging. -Sellars Farm State Archaeological Area, a peaceful creekside setting for a Native American mound village. Changes: -Peeler Park hike was updated to reflect several new, natural surface trails that significantly lengthen the park's trail system and appeal. -Renamed Old Hickory Trail to Old Hickory Lake Nature Trail. -Renamed Nathan Bedford Forrest Five Mile Loop to Nathan Bedford Forrest Five-Mile Trail. -Renamed Highland Trail to Ridgetop Trail. -Renamed Stones River Battlefield Loop to Stones River National Battlefield Loop. -Renamed John C. Clayborn Millennium Trail to Edgar Evins State Park Hike. -Renamed Cedar Woods Trail to Cedar Forest Trail. Disclosure: Johnny Molloy kindly provided me the opportunity to give input on new hikes featured in this edition, and joined me for a hike in the area. You can check

out my picture at the start of the Southeast section!

Nearly perfect ... informative and accurate descriptions, and very useful information. I have lived in Nashville for 11 years, and there were places less than 20 minutes away that I had never heard of. An excellent book for anyone interested in enjoying the outdoors. The only reason I gave it four stars is because there are no addresses - there's a map, but for the hikes I've done so far, I had to look up the addresses online to be able to put them into my GPS. It's a small price to pay - the book was a great purchase and I'm enjoying it immensely.

Love this book.

Very informative.

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